

# Programari recomanat per Windows XP / Vista / 7

## Antivirus

El món dels virus informàtics està en continua evolució, i un programa antivirus només pot ser bó si evoluciona de forma paral·lela i a la mateixa velocitat que els virus. Això fa que les recomanacions tinguin una validesa temporal limitada, i que el més recomanable sigui consultar pàgines especialitzades per mantenir-se al dia. Per exemple, la [Llista de programari gratuït antivirus per Windows](#) de Windows References; o la classificació d'antivirus al portal <http://www.virus.gr/> ( [classificació d'agost de 2009](#)).

Tanmateix, els següents són alguns dels programes antivirus gratuïts que tenen millors crítiques per part dels especialistes. L'ordre reflecteix la seva posició a la [classificació d'agost de 2009](#) (puntuació entre parèntesi),

1. [AVG Anti-virus Free Edition 9.0](#) **(97%)**
2. [BitDefender 2009 12.0.12.0 Free](#) **(96,37%)**
3. [avast! antivirus Home Edition](#) **(95,87%)** <sup>1)</sup>
4. [Clamwin](#) que fa servir l'eina de cerca de virus del [ClamAV](#) **(52,48%)**

Finalment, cal tenir present l'antivirus de Microsoft, [Microsoft Security Essentials](#), com a alternativa.

Microsoft Security Essentials provides real-time protection for your home PC that guards against viruses, spyware, and other malicious software. It is a free download from Microsoft that is simple to install, easy to use, and always kept up to date so you can be assured your PC is protected by the latest technology. It's easy to tell if your PC is secure — when you're green, you're good. It's that simple. Microsoft Security Essentials runs quietly and efficiently in the background so that you are free to use your Windows-based PC the way you want—without interruptions or long computer wait times.

A mes, en una comparativa recent ha resultat amb molt bona puntuació, per sobre d'antivirus molt mes coneguts,

- [AV Comparatives considera al antivirus de Microsoft de los mejores](#)
- [Microsoft Security Essentials recibe la certificación AV-Test](#)

si be els resultats son diferents en funció del sistema operatiu, millors per Windows 7 i pitjors per Windows XP.

## Captura de pantalles

[Gadwin Printscreen](#) - Want to create a screenshot suitable for saving or printing? Then just hit a key on your keyboard. Oh yeah, you'll have to download this program first ([more...](#))

[Screen Capture Software \(Firefox extension\)](#) - Have you ever wanted to quickly capture screen, cut off unnecessary details, highlight required fragments and distribute screenshot over whole world using WWW, e-mail, or another way? ([more...](#))

## Comprimir fitxers i carpetes

**TUGZip** is a powerful award-winning freeware archiving utility for Windows® that provides support for a wide range of compressed, encoded and disc-image files, as well as very powerful features; all through an easy to use application interface and Windows Explorer integration.

**7-Zip** is an open source file archiver designed originally for Microsoft Windows. 7-Zip operates with the 7z archive format, and can read and write to several other archive formats. The program can be used from a command line interface, graphical user interface, or Windows shell integration. 7-Zip began in 1999[1] and is actively developed by Igor Pavlov. It is related to a cross-platform port, p7zip.

## Connexió segura via SSH

**Putty** is a free implementation of Telnet and SSH for Win32 and Unix platforms, along with an xterm terminal emulator. It is written and maintained primarily by Simon Tatham.

## Disseny gràfic

### Per manipular imatges i fotografies

**GIMP** is the **GNU Image Manipulation Program**. It is a freely distributed piece of software for such tasks as photo retouching, image composition and image authoring. It works on many operating systems, in many languages ([more...](#))

**GIMPshop** is a free Open Source image editor that is similar to the popular Adobe Photoshop. Specifically GIMPShop is a version of the GIMP that has been edited to be more user-friendly for Photoshop users ([more...](#)).

<note tip>

**CAUTION:** according to the [GIMPshop entry](#) at the [Wikipedia](#),

GIMPshop for Windows is still under development. The only change to the normal GIMP, other than the menu layout and Photoshop naming conventions, is that it adds a background window to the user interface. This background window causes significant bugs in the Windows version, however, often causing windows to gray out or become unresponsive. It also uses an older version of GIMP, 2.2.11, instead of the current 2.4.1. </note>

### Per crear pòsters, llibrets, o fins i tot llibres

**Scribus** is an open-source program that brings award-winning professional page layout to Linux/Unix, MacOS X, OS/2 and Windows desktops with a combination of “press-ready” output and new approaches to page layout [W](#) ([more...](#))

- Per més informació podeu consultar els articles sobre [maquetació](#), [tipografia](#) i [ajust de texts](#), i

[exportació a PDF per impressió](#), publicats a l'edició en castellà de la revista [Linux Magazine](#).

## Per crear figures, compondre imatges i gràfics, etc.

[Inkscape](#) is an Open Source vector graphics editor, with capabilities similar to Illustrator, CorelDraw, or Xara X, using the W3C standard Scalable Vector Graphics (SVG) file format [W \(more...\)](#)

- Hi ha un manual sobre Inkscape disponible a <http://tavmjong.free.fr/INKSCAPE/MANUAL/html/index.php>.
- Per convertir fitxers CorelDraw a SVG pots provar el programa [SVG Factory](#).

## Manipular fitxers

[Agent Ransack - Free File Searching Utility](#). Agent Ransack is a free 'lite' version of FileLocator Pro. It is free for both personal and commercial use which includes these features: Boolean expressions, combine search terms using the familiar Boolean operators AND, OR, NOT; Office formats, support for popular Office formats including Office 2007 and OpenOffice; Updated UI, brings Agent Ransack's user interface into the modern day; Perl regex, support for Perl compatible regular expressions; 64-bit Version, natively compiled 64-bit version for improved compatibility.

[FreeComander](#) is an easy-to-use alternative to the standard windows file manager. Main features in FreeComander include: Dual-panel technology - horizontal and vertical, tabbed interface, optional tree view for each panel, built in file viewer to view files in hex, binary, text or image format, file viewer inside archives too, built in archive handling: ZIP (read, write), CAB (read, write), RAR (read), easy access to system folders, control panel, desktop and start menu, copy, move, delete, rename files and folders, wipe files (secure delete), create and verify MD5 checksums, file splitting, file properties and context menu, calculation of folder size, folder comparison / synchronization, modification of file date and attributes, folder / program favorites, file searching (inside archive too), file filters for display, user defined columns for detailed view, DOS command line, and more.

[Notepad++](#) is a free source code editor and Notepad replacement that supports several languages. Running in the MS Windows environment, its use is governed by GPL License. Based on a powerful editing component Scintilla, Notepad++ is written in C++ and uses pure Win32 API and STL which ensures a higher execution speed and smaller program size. By optimizing as many routines as possible without losing user friendliness, Notepad++ is trying to reduce the world carbon dioxide emissions. When using less CPU power, the PC can throttle down and reduce power consumption, resulting in a greener environment.

## Notes Post-it en pantalla

[Stickies](#) is a PC utility written to try to cut down on the number of `<hi #ffff00>Post-It® notes</hi>` left stuck to computer monitors. It is a computerised version of those notes. The design goal behind Stickies is that the program is small and simple. Stickies will not mess with your system files, or write to the registry. Stickies stores information in a single text-based ini file. In order to use Stickies in another language, download one of the Language Library files. Each zip file contains a single file called `language60.dll`. Put this into the same directory as `stickies.exe` (probably `c:\Program Files\stickies`), and restart Stickies for all the menus, messages and dialogs to be translated to that language.

## Programació

[Autolt v3](#) is a freeware BASIC-like scripting language designed for automating the Windows GUI and general scripting. It uses a combination of simulated keystrokes, mouse movement and window/control manipulation in order to automate tasks in a way not possible or reliable with other languages (e.g. VBScript and SendKeys). Autolt is also very small, self-contained and will run on all versions of Windows out-of-the-box with no annoying “runtimes” required!

[jEdit](#) is a mature programmer's text editor with hundreds (counting the time developing plugins) of person-years of development behind it. To download, install, and set up jEdit as quickly and painlessly as possible, go to the Quick Start page.

## RSS - Lector de notícies

[RSSowl](#) is an RSS reader or “aggregator” that lets you gather, organize, update, and store information from any RSS-compliant source in a convenient, easy to use interface. It allows you to save selected information in various formats for offline viewing and sharing, and much more. It's easy to configure and the best of all: It's platform-independent.

**What is RSS?** RSS (“Really Simple Syndication” or “Rich Site Summary”) is a document specification that gives users the power to collect and organize Web-based news and information in a more efficient manner.

## Transferència de fitxers

[FileZilla Client](#) is a fast and reliable cross-platform FTP, FTPS and SFTP client with lots of useful features and an intuitive graphical user interface.

[WinWGet](#) is a GUI (Graphical User Interface) for [Wget](#). GNU Wget is a computer program that retrieves content from web servers, and is part of the GNU Project. Its name is derived from *World Wide Web* and *get*, connotative of its primary function. It currently supports downloading via HTTP, HTTPS [...] Its features include recursive download, [...] and much more (  [Source: Wget entry at Wikipedia](#)).

## Utilitats per l'administració del sistema

### CPUID Tools

[CPU-Z](#) is a freeware that gathers information on some of the main devices of your system.

[HWMonitor](#) is a hardware monitoring program that reads PC systems main health sensors : voltages, temperatures, fans speed.

[PC Wizard 2008](#) is a powerful utility designed especially for detection of hardware, but also some more analysis.

## JkDefrag - Desfragmentació de sistemes de fitxers

[JkDefrag Portable](#) is an easy to use disk defragmenter and optimizer packaged as a portable application so you can fix-up hard drives on the go. JkDefrag Portable includes a handy custom interface to give you more control while still keeping everything simple. You can place it on your USB flash drive, iPod, portable hard drive or a CD and use it on any computer, without leaving any personal information behind.

## PowerToys by Microsoft

[Microsoft PowerToys for Windows XP](#) are additional programs that developers work on after a product has been released. They add fun and functionality to the Windows experience. For instance, [Tweak UI](#), SyncToy, Open Command Window Here, RAW Image Thumbnailer and Viewer, Power Calculator and many more.

## SysInternal Tools

[RootkitReveraler - Important Security Tool](#) - RootkitRevealer is an advanced rootkit detection utility that lists Registry and file system API discrepancies that may indicate the presence of a user-mode or kernel-mode rootkit. RootkitRevealer successfully detects all persistent rootkits published at [www.rootkit.com](http://www.rootkit.com), including AFX, Vanquish and HackerDefender ([more...](#))

[AutoRuns](#) - This utility, which has the most comprehensive knowledge of auto-starting locations of any startup monitor, shows you what programs are configured to run during system bootup or login, and shows you the entries in the order Windows processes them. These programs include ones in your startup folder, Run, RunOnce, and other Registry keys ([more...](#)).

[Process Explorer](#) - Ever wondered which program has a particular file or directory open? Now you can find out. Process Explorer shows you information about which handles and DLLs processes have opened or loaded ([more...](#)).

[ShareEnum](#) - An aspect of Windows NT/2000/XP network security that's often overlooked is file shares. A common security flaw occurs when users define file shares with lax security, allowing unauthorized users to see sensitive files ([more...](#)).

Aquestes són les utilitats més importants de les disponibles a [Microsoft TechNet: Windows Sysinternals](#), per més informació sobre altres programes per Windows XP consulta el seu lloc web.

1)

només per ordinadors a casa

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